

**NOVEMBER**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Instructors**

**Susanne Small**  
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Township Website:  
[www.mahwahtwp.org](http://www.mahwahtwp.org)



**1**  
10:00 Current Events Discussion Group  
**11:00 Educational presentation: Medicare update for 2019**

**2**  
9:00 FUN-ctionally Fit  
**10:00 Jazz**  
11:00 Yoga  
12:00 Knitting  
1:00 Woodcarving

**Monday:**  
**PILATES**  
Gina Pano  
Baumann  
**ZUMBA and Arthritis Class**  
Mary Lee Costello

**5**  
9:30 Bridge  
10:00 Pilates  
11:00 Zumba  
12:15 Arthritis Class  
12:30 Mahjong



**Election Day**  
**Building closed**

**7**  
10:00 ART GROUP  
10:00 Chair Yoga  
12:00 Body toning  
12:30 Watercolor  
12:30 Bridge  
**2:00 Zumba**

**8**  
10:00 Current Events Discussion Group  
**12:00 Senior Club BINGO**  
Bring your own lunch  
Refreshments will be served

**9**  
9:00 FUN-ctionally Fit  
**10:00 Jazz**  
11:00 Yoga  
12:00 Knitting  
1:00 Woodcarving

**Tuesday**  
**Line Dancing**  
Helene Heschle  
**Aerobics**  
Donna Baccaro  
**Yoga**  
Margrit Eddy

**12**  
  
**Veteran's Day**  
**Building closed**

**13**  
9:30 Beginner Line Dance  
10:00 Line Dancing  
11:00 Aerobics  
**12:00 YOGA**  
12:00 Reiki Meditation  
12:15 Canasta  
1:00 Woodcarving  
**1:30 Blood-pressure Clinic**

**14**  
10:00 ART GROUP  
10:00 Chair Yoga  
12:00 Body toning  
12:30 Watercolor  
12:30 Bridge  
**2:00 Zumba**

**15**  
10:00 Current Events Discussion Group  
**12:00 MOVIE Day OCEAN'S 8**  
Bring your own lunch  
Refreshments will be served

**16**  
10:00 Bethlehem Casino  
9:00 FUN-ctionally Fit  
**10:00 Jazz**  
11:00 Yoga  
12:00 Knitting  
1:00 Woodcarving

**Wednesday:**  
**Chair Yoga**  
Diane Davis  
**Body-toning**  
Michelle Bufis  
**Watercolor /Acrylics**  
Peggy Dressel

**19**  
9:30 Bridge  
10:00 Pilates  
11:00 Zumba  
12:15 Arthritis Class  
12:30 Mahjong

**20**  
9:30 Beginner Line Dance  
10:00 Line Dancing  
11:00 Aerobics  
**12:00 YOGA**  
12:00 Reiki Meditation  
12:15 Canasta  
1:00 Woodcarving

**21**  
10:00 ART GROUP  
10:00 Chair Yoga  
12:00 Body tonin  
12:30 Watercolor  
12:30 Bridge  
**2:00 Zumba**

**22**  
**Happy Thanksgiving**  
**Building closed**



**23**  
**Happy Thanksgiving**  
**Building closed**



**Thursday**  
**Current Events Discussion**  
Phil McLewin  
Every 2nd and 4th Senior Club Meeting

**26**  
9:30 Bridge  
10:00 Pilates  
11:00 Zumba  
12:15 Arthritis Class  
12:30 Mahjong

**27**  
9:30 Beginner Line Dance  
10:00 Line Dancing  
11:00 Aerobic  
**12:00 YOGA**  
12:00 Reiki Meditation  
12:15 Canasta  
1:00 Woodcarving

**28**  
10:00 ART GROUP  
10:00 Chair Yoga  
12:00 Body toning  
12:30 Watercolor  
12:30 Bridge  
**2:00 Zumba**

**29**  
10:00 Current Events Discussion Group  
**12:00 MOVIE DAY DeadPool**  
Bring your own lunch  
Refreshments will be served

**30**  
9:00 FUN-ctionally Fit  
**10:00 Jazz**  
11:00 Yoga  
12:00 Knitting  
1:00 Woodcarving

**Friday:**  
**Yoga**  
MaryAnn Gebhardt  
**Jazz**  
Donna Baccaro  
**FUNctionally Fit**  
Jeffrey Warley