

February

Mon

Tue

Wed

Thu

Fri

Instructors

Susanne Small
201-529-5757 x 213
ssmall@mahwahtwp.org
Rosalie Giudice
201-529-5757 x 277
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Township Website:
www.mahwahtwp.org

Please check the Township website: www.mahwahtwp.org for Center closings.

In the event of bad weather, our office may be closed or activities may be cancelled.

If a major snow-storm is predicted our activities will be cancelled and the office will be closed.

1
10:00 Current Events Discussion Group
12:00
MOVIE DAY:MAUDIE
Refreshments will be served

2
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz-Aerobics
12:00 Knitting
1:00 Woodcarving

Monday:
PILATES
Gina Pano
Baumann
ZUMBA and Arthritis Chair Yoga Class
Mary Lee Costello

AARP Free Tax-Assistance

5
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

6
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

7
10:00 ART GROUP
10:00 Chair Yoga
11:00 YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

8
10:00 Current Events Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting BINGO
Coffee and Cake

9
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz-Aerobics
12:00 Knitting
1:00 Woodcarving

Tuesday
Line Dancing
Helene Heschle
Aerobics and Ballet
Donna Baccaro



12
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

13
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving
1:15 Bloodpressure Clinic

14
10:00 ART GROUP
10:00 Chair Yoga
NO YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

15
10:00 Current Events Discussion Group
12:00
Mardi Gras Dance with Nick DelGiudice
Box Lunch
Reservations only

16
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz-Aerobics
12:00 Knitting
1:00 Woodcarving

Wednesday:
Chair Yoga
Diane Davis
Yoga
Margrit Eddy
Bodytoning
Michelle Bufis

19
Presidents Day Building closed

20
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

21
10:00 Sr. Advisory Brd Mtg
10:00 ART GROUP
10:00 Chair Yoga
NO YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge

22
10:00 Current Events Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting BINGO
Coffee and Cake

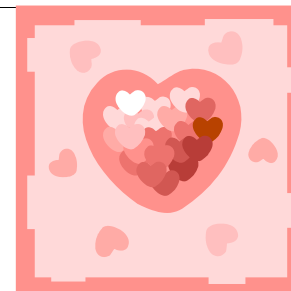
23
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz-Aerobics
12:00 Knitting
1:00 Woodcarving

Thursday
Current Events Discussion
Phil McLewin
Every 2nd and 4th Senior Club Meeting

26
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

27
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

28
10:00 ART GROUP
10:00 Chair Yoga DVD
NO YOGA
12:00 Body toning
12:30 Watercolor
12:30 Bridge



Friday:
Zumba
Shelley Capener
Yoga
MaryAnn Gebhardt
Jazz -Aerobics
Donna Baccaro